

PEAK WOO, MD, FACS

LARYNGOLOGY AND VOICE DISORDERS • DISEASES OF THE EAR, NOSE AND THROAT

Peak Woo, MD, PLLC • 300 Central Park West, 1-H • New York, NY 10024 • (212)580-1004 • (212)580-6101 (fax)

Please Bring This Packet With You On Your Procedure Day

Patient Name:

Procedure Date:

- Our office will contact you two days before to confirm the time of your procedure. If you are scheduled on a Monday, you will be contacted the Thursday afternoon before your procedure. Please note that you must arrive at the hospital 2 hours prior to your procedure time. In the event that you do not arrive on time there is a possibility that your procedure will be cancelled and rescheduled for another date and time.
- In order to be discharged from the hospital patients **must** be accompanied by someone. If someone is not available to assist you, your procedure will be cancelled.

You should not eat or drink anything after midnight on the day before your procedure unless instructed, however; you are permitted to have water up to two hours prior to your scheduled procedure time.

Admission Directions:

On the day of your procedure report to:

**Mount Sinai Hospital
Guggenheim Pavillion, 2nd Floor
1468 Madison Avenue (at 99th St)
212-241-7778**

The parking garage is located on 99th Street between Madison & Park Avenue. For questions regarding parking, please contact **Parking Operations at 212-241-5125.**

YOU HAVE A POST-SURGICAL APPOINTMENT*

***Post-Operative Date/Time:**

***This appointment is scheduled back in Dr. Woo's office.**

If you have any questions regarding your procedure or the following information provided, please contact the surgical scheduler for Dr. Peak Woo at **(212) 580-1004 option 4.**

TWO WEEKS PRIOR TO YOUR PROCEDURE

MEDICATION:

See the attached list of medications to avoid. Please consult your physician if you are taking aspirin or any other blood thinners such as (COUMADIN) before discontinuing medication.

*If your physician advises you to continue with your medication on the day of your procedure you must take it with just a sip of water in order to get the medication down.

In the event that you develop a cold, infection, or any other illness before the day of your procedure, you must contact our office at 212-580-1004 to reschedule.

PREOPERATIVE TESTING:

Pre-operative testing can be done either locally or at:

**Mount Sinai Pre-Admissions Testing
Guggenheim Pavilion, 2nd Floor
1468 Madison Avenue (between 99th and 100)
Tel: 212-241-7778**

ON THE DAY OF YOUR PROCEDURE:

Remember to Bring:

- Insurance Cards & Photo ID
- Medications
- Contact lens wearers must bring their lens containers and saline solution.
- Wear comfortable shoes & clothing.
- **Do not wear make-up, nail polish or jewelry.**
- **Do not bring valuables** to the hospital.

FAMILY WAITING AREA:

Located adjacent to the **Admissions Office**. The Coordinator there will arrange all communications with your surgeon. If you choose to have someone contacted at another location after your procedure, please leave that contact information with the coordinator. The Coordinator can be reached at **212-241-7778**.

GUEST SERVICES:

If accommodations are required for your stay in New York City- Mt. Sinai can assist with arrangements for you at **The Marriot Courtyard-212-241-5431**. If accommodations are unavailable, another option is **The Hotel Wales**, located at **1295 Madison Avenue -212-876 -6000**. This hotel has no affiliation to the Mount Sinai Medical Center.

ADDITIONAL PATIENT RESPONSIBLE CHARGES:

Hospital charges contact Mount Sinai Financial Screening: 212-731-3600
Anesthesia services contact Anesthesia Department: 212-427-2666

We advise all our patients to contact them to understand their full financial responsibilities.

MEDICATIONS NOT TO BE TAKEN 2 WEEKS PRIOR TO SURGERY OR 2 WEEKS AFTER

A/D Caplets®
 Advil®
 Alka-Seltzer Effervescent pain Reliever®
 Alleve
 Aluprin®
 Anacin Analgesic Capsules®
 Anexia-D with Codeine®
 A.P.C. Preparations®
 Artha-G®
 Arthritis Bayer Aspirin®
 Arthritis Pain Formula®
 Arthropan®
 A.S.A. Enseals®
 A.S.A. Prep®
 Ascocleen-30®
 Asmatex®
 Ascriptin®
 Ascriptin A/D®
 Ascriptin with Codeine®
 Asperbuf®
 Aspercin®
 Aspercin Extra®
 Aspergum®
 Aspermin®
 Aspermin Extra®
 Aspirbar®
 Aspir-Phen®
 Aspirin Plus®
 Aspirin with Codeine Phosphate Tablets No.2,3,4®
 Aspirin Uniserts®
 Aspirjen®
 AspirTab®
 Axotal®
 Axdone Tablets®
 B-A-C Tablets®
 B-A-C3®
 Bayer Aspirin®
 BC Tablets®
 Brogesic®
 Buf-Tabs®
 Buif-A Comp®
 Buifaprin®
 Buifadyne®
 Buifaprin®
 Buiferin®
 Buiferin with Codeine®
 Buifex®
 Buifinol Tab®
 Butalbital Compound®
 Cama Arthritis Reliever®
 Cama Inlay-Tabs®
 Caphathin®
 Carisoprodol Compound®
 Cefinal Tab®
 Cherocol®
 Choline Salicylate
 Choline and Magnesium Salicylates
 Clinoril Codoxy®
 Codral®
 Congespirin®
 Coralasone®
 Coricidin "D" Decongestant®
 Coricidin Demalets®
 Coricidin Tablets®
 Cosprin®
 CP-2®
 Damasone®
 Damasone-P®
 Darvon Compound®
 Darvon with A.S.A.®
 Darvon-N with A.S.A.®
 Dermisyn ®
 Diagesic®
 Dihydrocodeine Compound®
 Disalcid®
 Doan's Pills®
 Dolene Compound-65®
 Dolprin #3 Tablets®
 Doloral Tab®
 Dristan®
 Duragesic®
 Durasal®
 Easprin®
 Ecotrin Enteric Coated Aspirin®
 Ecotrin Tablets®
 Efficin®
 Emagrin®
 Empirin®
 Empirazil®
 Emprin with Codeine®
 EnTab-650 Tablets®
 Entrophen®
 Equagesic Tablets®
 Equazine-M®
 Excedrin®
 Fiorgesic Tablets®
 Fiorgen®
 Fiorinal®
 Fiorinal with Codeine®
 Fortabs®
 4-Way Cold Tablets®
 Garlic & garlic tablets
 Gelpirin Tablets®
 Gensan®
 Ginkoba
 Ginseng
 Goody's Headache powder®
 Herbal medications
 Herbs (Grapeseed Extract,Ginseng)
 Hiprin®
 Histadyl and A.S.A.®
 Hyco-Pap®
 Ibuprofen®
 Idenal®
 Indecin®
 Isollyl®
 Lanorinal®
 Liquiprin®
 Lortab ASA Tablets®
 Magan®
 Magnaprin Magnesium Salicylate®
 Major-cin®
 Maprin®
 Marmal Tab®
 Measurin®
 Medipren®
 Mepro-Analgesic®
 Mepro Compound®
 Meprobamate and Aspirin®
 Meprogesic®
 Methocarbamol and Aspirin®
 Micrainin®
 Midol®
 Mobidin®
 Mementum Muscular Backache Formula®
 Mono-Gesic Tablets®
 Motrin Nicorest®
 MS-650®
 Naprosyn ®
 Norgesic Tablets®
 Norgesic Forte Tablets®
 Norwich Aspirin®
 Nuprin Ibuprofen/Analgesic®
 Orphenesic Forte®
 Oxycodone with Aspirin Tablets®
 P-A-C®
 Pabirin Buffer®
 Palgesic®
 Panalgesic®
 Percodan Tablets®
 Percodan-Demi Tablets®
 Persistin®
 Plavix
 Presalin®
 Propoxyphene HCl/Aspirin: Caffeine Capsules
 Robaxinal Tablets®
 Rotense®
 Rowasa®
 Roxiprin Tablets®
 Salagen®
 Saleto®
 Sal flex®
 Salibar Jr.®
 Salicylamide®
 Salocol®
 Salsalate®
 Sedalgesic®
 Sine-Aid®
 Sine-Off Sinus Medicine Tablets®
 SK-Oxycodone with Aspirin®
 Sloprin®
 Sodium Salicylate®
 Soma Compound Tablets®
 Soma Compound with Codeine®
 Stanback®
 St. John's Wort
 Sulindac®
 Supac®
 Synalgos Synalgos-DC Capsules®
 Talwin Compound Caplets®
 Tolectin®
 Triaminic Tablets®
 Trigesic®
 Trilisate®
 Trisalicylate®
 Uracel®
 Uromide®
 Ursinus®
 Vanquish Caplets®
 Vitamin E (Mega-Doses)®
 Voltaren®
 Wesprin Buffered®
 Zorprin®

PREOPERATIVE CLEARANCE:

Please be advised that you must schedule an appointment with your physician and the following sheet(s) should be brought to his/her office to be completed.

Pre-admission test results and forms must be faxed directly to Dr. Woo's office at **212-580-6101**. This information must be faxed **at least seven days before your procedure.**

ONLY THE CHECKED OFF TESTS are to be completed prior to your surgery:

1. Laboratory Studies:

- a. **Electrolytes are required for patients on dialysis 24 hr before surgery**
- b. **Necessary if there is medications: diabetes, blood pressure, anti-coagulants, anemia**

CBC WITH PLATELETS & DIFFERENTIALS

PT, PTT, INR

SMA-20, ELECTROLYTES (Na, K,CO2 Total)

2. Chest X-RAY(PA View):

- a. **Required for patients with any history of COPD, asthma, pneumonia, chest surgery, open neck surgery or significant disease.**
- b. **A written report is acceptable and good for one year.**

3. EKG- required for patients 65 years of age or older and otherwise indicated.

- a. **A recent EKG is valid for 6 months.**

4. Medication List: A written complete medication list is necessary upon your admission as outpatient or inpatient. Your physician must provide dosage/dosage times of medication regimen and whether regimen should be continued/discontinued leading up to your procedure.

5. Medical Clearance: only if requested by Dr. Woo or your own physician.

6. History & Physical Examination Form: The History & Physical Examination Form must be completed by a physician. Patients who are **18 years and younger must have the **History & Physical** form completed by their pediatrician. Labs are not required.**

7. On the day of surgery:

- a. **No solids 8 hours before surgery.**
- b. **Maximum of 6 oz Water up to 2 hours before surgery is OK.**
- c. **Sip of water with medication on morning of surgery is OK up to 2 hours before surgery.**